

Q & A

sugar balance, not because of its taste. It does not contain any sugar.

How should I take Good Sugar™?

Take 1-2 capsules in the morning on rising, and another before bedtime. Some people also benefit from taking two capsules before bedtime to help support steady nighttime and morning glucose levels. In some cases, taking one with the noon meal as well may be beneficial.

Can I take too much Good Sugar™?

Taking the recommended daily amount given above usually provides optimum benefit, unless you are working with a health care practitioner.

How long should I take Good Sugar™?

Good Sugar™ is a natural formula intended to provide daily nourishment and support to the body, and is designed to do that indefinitely or as needed.

Can I do anything else to help my blood sugar balance?

Research has repeatedly shown that metabolic blood sugar imbalances, such as hypoglycemia, metabolic syndrome and diabetes, can often improve with regular exercise and the avoidance of refined sugars and white flour products. A healthy lifestyle almost always enhances the effectiveness of anything done to support and improve well-being.

Q & A

Tell us how Good Sugar™ has helped you!

www.adrenalfatigue.co.nz

All Future Formulations products are unconditionally guaranteed

These products are not intended to diagnose, treat, cure or prevent any disease. The information provided is not a substitute for professional medical opinion. It is provided for informational and educational purposes only.

Distributed by

FUTURE FORMULATIONS, LLC

www.adrenalfatigue.co.nz

Nutrisearch Ltd.

PO Box 8739 Havelock North 4157

Hawke's Bay New Zealand

Phone 06 877 1155 Fax: 06 877 2244

Copyright © 2006 Future Formulations, LLC
All Rights Reserved

FUTURE FORMULATIONS, LLC

Good Sugar™

Natural Support for Healthy Sugar Metabolism & Blood Sugar Balance

Formulated by
Dr. James L. Wilson

a dynamic combination of natural botanical extracts and nutrients that help promote healthy blood and cell glucose levels, plus powerful natural antioxidants to help prevent oxidative damage

Good Sugar™ makes good sense for anyone who wants to support optimal sugar metabolism!



