

Q & A

What is Hair, Skin and Nails Plus Formula™?

Dr. Wilson created this special nutrient rich formula to help some of his patients enhance the quality of their nails, skin and/or hair.* They were so happy with the results that he decided to make it available to everyone who wants healthy hair, nails, and/or skin. Hair, Skin and Nails Plus Formula™ provides optimum nutritional support for the healthy formation of tissues like fingernails, toenails, skin and hair whose rapid growth requires a continual supply of specific nutrients.* An attractive appearance is not just skin deep; it takes the right nutrients provided in the right form and at the right time.*

What does Hair, Skin and Nails Plus Formula™ do?

Healthy good looks come from deep inside where skin, hair and nails are formed. Hair, Skin & Nails Plus Formula™ provides specific nutrients and other natural factors the body needs to build great skin, strong nails and beautiful hair that are often missing or deficient in the typical diet.* This doctor designed formula delivers high quality, bioavailable forms of these specific nutrients in the proportions and amounts that the body can use optimally to help form the best tissues possible in the nail cuticles, hair follicles and dermal layer of the skin.* It works deeply to facilitate and fortify the biochemical reactions needed to produce beautiful, healthy hair, skin and nails.* Use this product for a minimum of 3 months (the average time it takes for these new tissues to become visible) and then compare the old with the newly emerging hair, skin and nails to see the difference.*

Q & A

How does Hair, Skin and Nails Plus Formula™ work?

Good looks do not just happen on the surface; they depend on specific nutrients delivered deep into the matrix of the body's tissues. The keratin of hair is manufactured in the hair follicle before the hair grows out from the scalp. Once formed, the hair itself has no properties of life such as respiration, reproduction, etc. The epidermis or outer layer of the skin is the "dead" top layer whose main job is to protect the active lower layer, the dermis, from the ambient environment. Fingernails grow from the nail bed out but the visible fingernail is a "dead" protective coat of thick keratin and minerals. Understanding that all three of these tissues are not able to reproduce or incorporate changes into their structure once they are formed makes it clear why it is important to provide the ingredients they need to be their best while they are being constructed. The typical diet often does not provide an optimal amount of all the nutrients necessary for healthy tissue production, and stressful lifestyles can burn up nutrients many times faster than normal.* This profoundly affects skin, hair and nails, which are the fastest growing visible tissues.* In many cases lifeless, dry, weak or brittle hair, nails or skin simply reveal that the nutrients they need to look healthy are either not available in sufficient quantities or are being depleted by other demands such as stress.* Also, some hair treatments, certain soaps and make-up, and nail polish and polish removers can increase the nutritional requirements of the tissues to which they are applied.* Dr. Wilson's Hair, Skin and Nails Plus Formula™ delivers bioavailable forms and optimal proportions and amounts of specific

Q & A

nutrients essential for healthy tissue formation to fortify the biochemical reactions needed to help produce the very best tissues possible.*

How quickly will Hair, Skin and Nails Plus Formula™ begin to work?

The nutrients in Hair, Skin and Nails Plus Formula™ are available to the body right away, but because of the time it takes for new tissues to emerge and visibly replace the old ones, it may take 2-3 months to notice the difference.* For example, hair grows at the rate of about 1/2" to 3/4" per month, so after a month the 1/2" to 3/4" of new growth will be visible. Fingernails take at least 3 months to replace themselves. Skin cells multiply fast but the new layer of skin must work itself up from the bottom of the multilayered dermis (the active inner layers of skin) to replace the epidermis (the inactive surface layers of skin).

What is in Hair, Skin and Nails Plus Formula™?

Hair, Skin and Nails Plus Formula™ is a proprietary formula in capsules containing special forms and proportions of: vitamin A, vitamin C, calcium, iron+, magnesium, zinc, manganese, bioflavonoids, PABA, horsetail, lecithin and gelatin. This product is HORMONE-FREE and contains NO DAIRY, GLUTEN or SUGAR.

+Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

How should I take Hair, Skin and Nails Plus Formula™?

Adults and children 12 or older take 2 capsules twice daily preferably with meals, or as directed by a physician.